

ENRICHMENT IS BACK!

	MORNING	LUNCH	AFTERNOON	EVENING
MONDAY	PILATES: 8.15AM - 9.00AM (SPORTS HALL)  BREAKFAST CLUB: 8.30AM - 9.00AM (DOCK)	YOUNG CARERS DROP IN: 11.30AM - 1.00PM (STUDENT SERVICES) VOLLEYBALL: 12.15PM - 1.00PM (SPORTS HALL) MINDFUL MACRAME: 12.30PM - 1.00PM (A131)	NESA BASKETBALL: 2.45PM - 4.30PM (SPORTS HALL)  RUGBY: 3.00PM - 4.30PM (OFF SITE - KINGSTON PARK - NE13 8AF *STUDENTS WOULD NEED TO TRAVEL*)	 WALKING RUGBY: 6.30PM - 7.30PM (THE GYM)
TUESDAY	 BREAKFAST CLUB: 8.30AM - 9.00AM (DOCK)	YOGA & MEDITATION: 12.30PM - 1.00PM (FOUNDATION LEARNING) (G111)  CHOIR: 12.30PM - 1.00PM (LAUDER THEATRE)	NESA BASKETBALL: 2.45PM - 4.30PM (SPORTS HALL)  NESA FOOTBALL: 2.45PM - 4.30PM (NORTHUMBERLAND FA)	
WEDNESDAY	 BREAKFAST CLUB: 8.30AM - 9.00AM (DOCK)	YOUNG CARERS DROP IN: 11.30AM - 1.00PM (STUDENT SERVICES) LGBTQ+ CLUB: 12.30PM - 1.00PM (SU ROOM)	 BAKING CLUB: 3.30PM - 4.30PM (G112 NEXT TO G BLOCK KITCHEN)	
THURSDAY	 BREAKFAST CLUB: 8.30AM - 9.00AM (DOCK)	COMBAT ACADEMY 12.00PM - 1.00PM (THE GYM) STUDENT UNION MEET: 12.30PM - 1.00PM (SU ROOM)	 NETBALL: 4.15PM - 5.15PM (SPORTS HALL)	
FRIDAY	BREAKFAST CLUB: 8.30AM - 9.00AM (DOCK) GYM ACCESS: 8.30AM - 10.00AM (1ST & 3RD FRIDAY) (THE GYM)	NO NEED TO BOOK - JUST TURN UP TO AS MANY SESSIONS AS YOU LIKE!		

IS THERE A HOBBY YOU’RE INTERESTED IN TRYING OR ACTIVITY YOU’D LIKE TO SEE ON THE TIMETABLE? **WE WOULD LOVE YOUR FEEDBACK**
SCAN THE QR CODE TO FILL OUT OUR SURVEY **OR** CONTACT YOUR ENRICHMENT OFFICER, JOEY **JFAWCITT@TYNECOAST.AC.UK**

